

Sample Menus Resident Choice Meal Plan

Meal	General
7-9 AM Continental Breakfast	<ul style="list-style-type: none"> • Assorted Fruit and Juice • Variety bread • Hot/Cold Cereal • Milk/Coffee/Tea
11 AM Brunch	<ul style="list-style-type: none"> • Grilled Cheese on rye or • Tuna Melt on rye • Cream of potato soup 6 oz • Pineapple rings - 2 • Milk/Coffee/Tea
1:30 PM Offering	<ul style="list-style-type: none"> • Root Beer Float • Cookie
4 PM Supper	<ul style="list-style-type: none"> • Roast Turkey / Gravy • Dressing • Cranberry Sauce • 4 way blend • Pumpkin Pie • Milk/Coffee/Tea
6:30 PM Offering	<ul style="list-style-type: none"> • ½ Sandwich • Fruit cup

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7-9 AM Continental Breakfast	<ul style="list-style-type: none"> • Assorted Fruit and Juice • Variety bread • Hot/Cold Cereal • Milk/Coffee/Tea
11 AM Brunch	<ul style="list-style-type: none"> • Orange Juice • Fried Eggs • Bacon • Strudel Sticks • Milk/Coffee/Tea
1:30 PM Offering	<ul style="list-style-type: none"> • Soft Baked Pretzel & Cheese • Cookie
4 PM Supper	<ul style="list-style-type: none"> • Battered Fish • Potato Wedges • California Blend - 1/2 cup • Pear halves - 1/2 cup • Milk/Coffee/Tea
6:30 PM Offering	<ul style="list-style-type: none"> • ½ Sandwich • Fruit cup